

For a glowing, radiant complexion, we rely on medical-strength LED treatments

These quick, no downtime treatments work at a cellular level to rejuvenate, calm, tone and purify your skin. LED treatments use different coloured light to penetrate deep into the skin, photo-stimulating dermal blood flow, creating faster healing and repairing cellular concerns.

### How does LED work?

LED is a well-recognised cosmetic treatment that delivers a dosage of specific narrowband light to targeted areas of the skin, stimulating the naturally occurring regeneration and repair processes. This non-invasive treatment is a gentle and natural approach to delivering skin treatments much like the process of photosynthesis.

Red and Infra-Red (IR) light penetrate deeper into the skin and provide many benefits including improvements of the skins appearance and structure.

Blue light works on the very surface of the skin purifying by delivering an anti-bacterial effect, eradicating the bacteria that causes inflammation during breakouts.

These outcomes are achieved by causing no or only minor visible skin effect, enabling you to return to normal activities immediately.



Enquire today for more information and to book an appointment.



## LED PHOTOBIMODULATION

REJUVENATION

REGENERATION

PURIFICATION

CALMING

TONING

Xen LED is proudly produced and designed by **The Aesthetic Bureau**

Phone **1300 858 711**

[www.aestheticbureau.com.au](http://www.aestheticbureau.com.au)





## Red & Infra-red (IR) Light Treatment

The red and IR LEDs used are within the optical window in biological tissue, selectively allowing them to pass deeply into the skin stimulating the naturally-occurring rejuvenation and repair processes.

This non-ablative treatment utilises Light Emitting Diode (LED) technology to treat a variety of conditions. This gentle treatment takes a natural approach to skin rejuvenation, much like the process of photosynthesis.

Your relaxing Red or IR LED treatment takes 10 to 20 minutes, and unlike other more invasive treatments, LED treatments produce no heat, so you'll be able to get back to your regular daily routine quickly! The initial affects you will see, are a clearer, brighter and smoother complexion. After a course of treatments, you will begin to notice an improvement in tone, clarity and texture.

The choice of the red and/or Infra-red deep penetrating light as part of your treatment program, will be determined by your treating practitioner during your consultation.

## Blue Light Treatment

The Blue spectrum of light delivers a purifying anti-bacterial effect on the surface of the skin.

Like the Red and IR light treatment, the Blue light treatment is a non-ablative treatment which utilises LED technology to react with bacteria on the skin. The low penetration of Blue light means that they are ideally positioned to provide a purifying anti-bacterial effect on the surface of the skin, effectively eradicating bacteria that could cause inflammation during breakouts.

Blue light therapy is a gentle and natural approach, designed to have virtually no side effects. There's no sensitivity after treatment as with other antibacterial skin treatments such as the use of Ultra-Violet (UV) light, which can be very damaging to skin. However, there may be some change in skin pigmentation but it is only temporary.

Your Blue light treatment will be carried out over several relaxing 20 minute non-invasive, non-ablative treatment sessions.

## Are LED treatments safe?

There is no pain or downtime, no or only minor visible skin effect. It actually feels calming and many clients fall into sleep during treatment.

## What happens during treatment?

Before starting the treatment, you will have to remove any makeup, sunscreen and contact lenses. You will be provided safety glasses which must be worn at all times during the treatment session as the light will be positioned close to your face. Each treatment session could be up to 20 minutes. During and after the treatment, you will experience a feeling of relaxation. Following your treatment session, you can return to normal activities immediately.

## How many treatments will I need?

As part of your consultation, your practitioner will advise you on how many treatments may be suitable for your particular needs. Following an initial course of treatments, we recommend incorporating LED into your regular monthly treatment plan.

*Treatment is a cosmetic treatment and no medical claims are expressed or implied.*